



Date: March 2010

Asteral's Ashley Gander's marathon performance

Asteral's Ashley Gander out performed Richard Branson, Natalie Imbruglia, Princess Beatrice and Lorraine Kelly to finish the Virgin London Marathon in 4hrs54min, raising over £2,800 for the Stroke Association – Ashley's colleagues donated almost one third of the sum raised which was then matched by Asteral.

Ashley said "it was a great experience, but when I hit the wall at 20 miles it was the thought of the support I've received from colleagues at Asteral and raising money for the Stroke Association that got me through. I hope this will go some way to make a difference to the 150,000 people who have a stroke every year in the UK and those who are living with a long-term disability as a result".

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Asteral's Ashley Gander running for the Stroke Association at this year's Virgin London Marathon